



Title:	Eco Arts Practice APPROVED
Long Title:	Eco Arts Practice
Module Code:	ARTS9020
Duration:	2 Semesters
Credits:	10
NFQ Level:	Expert
Field of Study:	Visual Arts
Valid From:	Semester 1 - 2021/22 (September 2021)
Module Delivered in	2 programme(s)
Module Coordinator:	LOUISE FOOTT
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Module Description:	This module integrates the disciplines of Eco psychology, nature-based practices and arts based practices into an Eco Arts Practice approach which can be applied within education, therapy and/or community engagement. Students will reflect on the ethical, psychological and sociological underpinnings of Eco Arts Practice through lectures and experiential workshops. They will also explore specific approaches to Eco Arts Practice and how it relates to their field of professional practice.
Learning Outcomes	
<i>On successful completion of this module the learner will be able to:</i>	
LO1	Understand and critique Eco psychology theories and discuss their influence on nature informed arts practice
LO2	Identify specific approaches to Eco arts practice and how they could be integrated into one's practice
LO3	Critically reflect on the ethical, psychological and sociological underpinnings of Eco Arts Practice.
LO4	Define, differentiate and apply eco-arts practice techniques as interventions with a variety of groups and settings
LO5	Reflect on the different views on interconnection between humans and the natural world and how these differing views might influence practice.
Pre-requisite learning	
Module Recommendations <i>This is prior learning (or a practical skill) that is strongly recommended before enrolment in this module. You may enrol in this module if you have not acquired the recommended learning but you will have considerable difficulty in passing (i.e. achieving the learning outcomes of) the module. While the prior learning is expressed as named MTU module(s) it also allows for learning (in another module or modules) which is equivalent to the learning specified in the named module(s).</i>	
Incompatible Modules <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module. You may not earn additional credit for the same learning and therefore you may not enrol in this module if you have successfully completed any modules in the incompatible list.</i>	
No incompatible modules listed	
Co-requisite Modules	
No Co-requisite modules listed	
Requirements <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed. You may not enrol on this module if you have not acquired the learning specified in this section.</i>	

It is highly recommended that learners have a Level 8 in one of the following areas: Arts in Education, Arts Therapies or Participatory Arts Practice. Alternatively, learners could have completed the Principles of Art Therapy, Creativity and Change SPA, or have other relevant experience.

Module Content & Assessment

Indicative Content

Foundations of Eco Arts Practice

Reflect on the ethical, psychological and sociological underpinnings of Eco Arts Practice. Understand and critique the links between Eco psychology, nature based therapies and arts-based practice.

Practice Based Approaches

Devise and facilitate experiential approaches to eco arts practice and critically appraise peer led workshops.

Practice Based Case Study

Devise a group protocol and facilitate a workshop. Demonstrate an understanding of practice based considerations within a specific discipline and critically reflect on elective practice.

Assessment Breakdown

	%
Course Work	100.00%

Course Work

Assessment Type	Assessment Description	Outcome addressed	Delivery Period	% of total	Assessment Date
Practical/Skills Evaluation	Deliver an Eco art practice workshop in the students chosen area which is critically appraised through peer review.	3,4,5	2	30.0	Week 3
Essay	Demonstrate an understanding of Eco psychology, Eco Arts theories and their relevance in the development of an Eco Arts practice.	1,5	1	20.0	Week 7
Reflective Journal	Maintain a nature-based arts portfolio, exploring approaches to practice and workshop design	2,4,5	1	20.0	Week 12
Written Report	Reflect through a case study approach on their peer facilitated workshop.	1,2,3,4	2	30.0	Sem End

No End of Module Formal Examination

Reassessment Requirement

Coursework Only

This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.

The institute reserves the right to alter the nature and timings of assessment

Module Workload

Workload: Full Time				
<i>Workload Type</i>	<i>Workload Description</i>	<i>Hours</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	Eco Art Practice supporting theory	1.5	Every Week	1.50
Lecturer-Supervised Learning (Contact)	Experiential study of theory and practice	7.0	Every Month	1.75
Lecturer-Supervised Learning (Contact)	Required preparation and facilitation of peer reviewed workshop	2.0	Every Month	0.50
Independent & Directed Learning (Non-contact)	Reading and assignment preparation	10.25	Every Week	10.25
Total Hours				20.75
Total Weekly Learner Workload				14.00
Total Weekly Contact Hours				3.75

Workload: Part Time				
<i>Workload Type</i>	<i>Workload Description</i>	<i>Hours</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lecture	Eco Art Practice supporting theory	1.5	Every Week	1.50
Lecturer-Supervised Learning (Contact)	Experiential study of theory and practice	7.0	Every Month	1.75
Lecturer-Supervised Learning (Contact)	Required preparation and facilitation of peer reviewed workshop	2.0	Every Month	0.50
Independent & Directed Learning (Non-contact)	Reading and assignment preparation	10.25	Every Week	10.25
Total Hours				20.75
Total Weekly Learner Workload				14.00
Total Weekly Contact Hours				3.75

Module Resources

Recommended Book Resources

- Ed. Ian Siddons Heginworth and Garry Nash. 2020, *Environmental Arts Therapy: The Wild Frontiers of the Heart*, 1st Ed. [ISBN: 9781138345867]
- Ronen Berger and Mooli Lahad. 2013, *The Healing Forest in Post-Crisis Work with Children: A Nature Therapy and Expressive Arts Program for Groups*, Jessica Kingsley [ISBN: 9781849054058]
- Ed. Glenn Coutts and Timo Jokela. 2010, *Art, Community, Environment. Educational Perspectives (Readings in Art & Design Education)*, University Chigago Press [ISBN: 9781841502571]
- Sara Knight 2013, *Forest School and Outdoor Learning in the Early Years*, Sage Publications [ISBN: 144625531X]
- Roger Duncan 2018, *Nature in Mind: Systemic Thinking and Imagination in Ecopsychology and Mental Health*, 1st Ed., Routledge [ISBN: 178220377X]
- Roszak, T., Gomes, M. E., & Kanner, A. D 1995, *Ecopsychology: Restoring the earth,?healing the mind*, Sierra Club Books San Francisco [ISBN: 0871564068]

Supplementary Book Resources

- Theresa Sweeney. 2013, *co-Art Therapy: Creative Activities that let Earth Teach*, Theresa Sweeney [ISBN: 0615901476]
- Sally Atkins and Melia Snyder. 2013, *Nature-Based Expressive Arts Therapy: Integrating the Expressive Arts and Ecotherapy*[ISBN: 0615901476]
- Sarah Knight 2011, *Risk and Adventure in Early Years Outdoor Play: Learning from Forest Schools* Sage Publications [ISBN: 1849206309]
- Dennis L. Merritt 2011, *Jung and Ecopsychology: The Dairy Farmer's Guide to the Universe, Vol. 1: Volume 1 Jung and Ecopsychology: The Dairy Farmer's Guide to the Universe, Vol. 1: Volume 1*, Fisher King
- Ed. Douglas A. Vakoch, Fernando Castrillón 2014, *Ecopsychology, Phenomenology, and the Environment: The Experience of Nature*, Springer [ISBN: 9781461496182]
- Robin Wall Kimmerer 2015, *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants*, Milkweed Editions [ISBN: 1571313567]
- David Abram 1997, *The Spell of the Sensuous: Perception and Language in a More-Than-Human World*, Vintage Books [ISBN: 0679776397]

Recommended Article/Paper Resources

- Ian Birthistle 2017, "Green Care and Walk and Talk Therapy: An Underused Resource that has Benefits for Everyone"; *The Irish Journal of Counselling and Psychotherapy*, Volume 17, 8 https://iacp.ie/files/UserFiles/IJCP-Public/IJCP_Winter_2017-Art.pdf
- Carol Knibbe and Petrea Hansen-Adamidis 2017, *Garden as Canvas: Therapeutic Metaphors in a Children's Garden*"; *Canadian Art Therapy Association Journal*, 30 <https://www.tandfonline.com/doi/full/10.1080/08322473.2017.1304003>
- Lani Gerity 1998, "The Healing Garden: Art and Nature", *Canadian Art Therapy Association Journal*, 12 <https://www.tandfonline.com/doi/abs/10.1080/08322473.1998.11432232>
- Roszak, T. 2001, *Afterword: Ecopsychology since 1992*, *The voice of the Earth: ?An exploration of ecopsychology*, 2nd edition
- T. Roszak, M. E. Gomes, and A. D. Kanner 1995, *The wilderness effect and ecopsychology*, *Ecopsychology: Restoring the earth healing the mind* [ISSN: 087156406]

Other Resources

- website: *Eco Psychology Research Hub* <https://www.ecopsychology.info/ecopsychology-research-hub>
- website: *Eco Nature Therapy* <https://www.goodtherapy.org/learn-about-therapy/types/econature-therapy>

Module Delivered in

Programme Code	Programme	Semester	Delivery
CR_AEAPR_9	<u>Certificate in Eco Arts Practice</u>	1	Mandatory
CR_ARAEN_9	<u>Master of Arts in Arts and Engagement</u>	1	Elective