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| Title: | Dramatherapy 1 APPROVED | | |
| Long Title: | Dramatherapy 1 | | |
| Module Code: | DRAM8011 | Duration: | 1 Semester |
| Credits: | 5 | | |
| NFQ Level: | Advanced | | |
| Field of Study: | Drama | | |
| Valid From: | Semester 1 - 2017/18 (September 2017) | | |
| Module Delivered in | 2 programme(s) | | |
| Module Coordinator: | JOHN O CONNOR | | |
| Module Author: | ANN BARRY | | |
| Module Description: | An introduction to the field of Dramatherapy: The learner will begin to explore this Creative Arts Therapy through experiential workshops and will consider its theoretical underpinnings, the core processes through which it works and its uses and applications. | | |
| Learning Outcomes | | | |
| <i>On successful completion of this module the learner will be able to:</i> | | | |
| LO1 | demonstrate understanding of key concepts and processes within Dramatherapy, including ethical and professional guidelines | | |
| LO2 | demonstrate appropriate knowledge of the theoretical foundations of Dramatherapy | | |
| LO3 | display a developing ability to engage with drama activities and techniques in the context of a Dramatherapy session | | |
| LO4 | outline the components of a Dramatherapy session, understand the need for each component and how essential it is to adhere to a session structure | | |
| LO5 | record, reflect upon and evaluate their understanding and personal engagement with the module | | |
| Pre-requisite learning | | | |
| Module Recommendations | | | |
| <i>This is prior learning (or a practical skill) that is strongly recommended before enrolment in this module. You may enrol in this module if you have not acquired the recommended learning but you will have considerable difficulty in passing (i.e. achieving the learning outcomes of) the module. While the prior learning is expressed as named CIT module(s) it also allows for learning (in another module or modules) which is equivalent to the learning specified in the named module(s).</i> | | | |
| Incompatible Modules | | | |
| <i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module. You may not earn additional credit for the same learning and therefore you may not enrol in this module if you have successfully completed any modules in the incompatible list.</i> | | | |
| No incompatible modules listed | | | |
| Co-requisite Modules | | | |
| No Co-requisite modules listed | | | |
| Requirements | | | |
| <i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed. You may not enrol on this module if you have not acquired the learning specified in this section.</i> | | | |
| No requirements listed | | | |

Module Content & Assessment

Indicative Content

What is Dramatherapy?

Dramatherapy is a Creative Arts Therapy which exists in many forms. The key elements of Dramatherapy, the core processes through which it works and what can be achieved through it will be explored both theoretically and practically

Theoretical Foundations

Dramatherapy has its theoretical foundations in and draws from concepts and practices within psychology, theatre/drama, psychoanalytical theory, anthropology, theories of child development, play and interactive and creative processes

Drama Activities and Theatre Techniques

The learner will begin to engage with a range of drama/theatre activities and techniques. These may include spontaneous and dramatic play; drama games; mime and role play; working with music and sound; scripts and poetry; paint, clay and art work; puppetry and mask work; myths, metaphors and symbolism

Session Structure

The importance of a Dramatherapy session structure and the various components within it will be studied and explored by the learner through participation in and analysis of dramatherapy sessions

Professional and Ethical Issues

The need for and adherence to professional and ethical guidelines, registration with national bodies of Dramatherapy etc will be explored

Assessment Breakdown

| | % |
|-------------|---------|
| Course Work | 100.00% |

Course Work

| Assessment Type | Assessment Description | Outcome addressed | % of total | Assessment Date |
|-----------------------------|--|-------------------|------------|-----------------|
| Essay | The learner will demonstrate appropriate theoretical knowledge in written form | 1,2,4 | 20.0 | Week 10 |
| Reflective Journal | The learner will explore their personal responses to course material and document their learning | 1,2,3,4,5 | 60.0 | Sem End |
| Practical/Skills Evaluation | Preparation, participation and contribution in class will be monitored on an ongoing basis | 1,3,4 | 20.0 | Every Week |

No End of Module Formal Examination

Reassessment Requirement

Coursework Only

This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.

The institute reserves the right to alter the nature and timings of assessment

Module Workload

| Workload: Full Time | | | | |
|---|--|--------------|------------------|--|
| <i>Workload Type</i> | <i>Workload Description</i> | <i>Hours</i> | <i>Frequency</i> | <i>Average Weekly Learner Workload</i> |
| Lab | Experiential workshops in Dramatherapy | 3.0 | Every Week | 3.00 |
| Tutorial | Discussion and analysis of the field of Dramatherapy | 1.0 | Every Week | 1.00 |
| Independent & Directed Learning (Non-contact) | Individual research on the field of Dramatherapy and reflection on personal response to the material | 3.0 | Every Week | 3.00 |
| Total Hours | | | | 7.00 |
| Total Weekly Learner Workload | | | | 7.00 |
| Total Weekly Contact Hours | | | | 4.00 |

This module has no Part Time workload.

Module Resources

Recommended Book Resources

- Jennings, S. 1998, *Introduction to Drama Therapy: Theatre and Healing, Ariadne's Ball of Thread*, Jessica Kingsley Publishers London [ISBN: 1853021156]
- Jennings, S. 1994, *The Handbook of Drama Therapy*, Routledge New York [ISBN: 04 15090563]
- Pearson, J. 1996, *Discovering the Self Through Drama and Movement: The Sesame Approach*, Jessica Kingsley Publishers London and Philadelphia [ISBN: 978 1 85302 384 2]
- Phil Jones 2007, *Drama as Therapy Volume 1*, 2nd Ed., Routledge New York, NY [ISBN: 978-0-415-41556-9]

Supplementary Book Resources

- Winnicott, D. W. 1991, *Playing and Reality*, Routledge London [ISBN: 0422737402]
- Jenny Pearson, Mary Small and Pat Watts 2013, *Dramatherapy With Myth and FairyTale: The Golden Stories of Sesame*, Jessica Kingsley Publishers [ISBN: 1849050309]

This module does not have any article/paper resources

Other Resources

- Journal (Recommended): British Association of Dramatherapists *Dramatherapy: The Journal of the British Association of Dramatherapists*

Module Delivered in

| Programme Code | Programme | Semester | Delivery |
|-----------------------|--|-----------------|-----------------|
| CR_GMUTH_8 | <u>Bachelor of Arts (Honours) in Musical Theatre</u> | 5 | Elective |
| CR_GTHDR_8 | <u>Bachelor of Arts (Honours) in Theatre and Drama Studies</u> | 7 | Elective |