



Title:	Voice 1 APPROVED
Long Title:	Voice 1 - Fundamentals
Module Code:	DRAM6013
Duration:	1 Semester
Credits:	5
NFQ Level:	Fundamental
Field of Study:	Drama
Valid From:	Semester 1 - 2017/18 (September 2017)
Module Delivered in	1 programme(s)
Module Coordinator:	AIVEEN KEARNEY
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Module Description:	An experiential course which aims to free the voice and which introduces the learner to the fundamentals of good vocal use. The learner will be introduced to a series of exercises which free, develop and strengthen the voice as a human instrument.
Learning Outcomes	
<i>On successful completion of this module the learner will be able to:</i>	
LO1	embody the fundamentals of relaxation, physical alignment and breath support
LO2	demonstrate an understanding of sound vibrations and how they can be amplified
LO3	engage in and lead a vocal warm-up
LO4	critically reflect on and document course work
Pre-requisite learning	
Module Recommendations	
<i>This is prior learning (or a practical skill) that is strongly recommended before enrolment in this module. You may enrol in this module if you have not acquired the recommended learning but you will have considerable difficulty in passing (i.e. achieving the learning outcomes of) the module. While the prior learning is expressed as named CIT module(s) it also allows for learning (in another module or modules) which is equivalent to the learning specified in the named module(s).</i>	
Incompatible Modules	
<i>These are modules which have learning outcomes that are too similar to the learning outcomes of this module. You may not earn additional credit for the same learning and therefore you may not enrol in this module if you have successfully completed any modules in the incompatible list.</i>	
No incompatible modules listed	
Co-requisite Modules	
No Co-requisite modules listed	
Requirements	
<i>This is prior learning (or a practical skill) that is mandatory before enrolment in this module is allowed. You may not enrol on this module if you have not acquired the learning specified in this section.</i>	
No requirements listed	

Module Content & Assessment

Indicative Content

Physical Alignment

Relaxation and alignment, focussing particularly on the work of Kristin Linklater, incorporating the Alexander Technique and Tai Chi. Exercises will focus on removing habitual tension so that the muscles are free to respond to impulse without the short-circuiting created by habit.

Practical Applications

Knowledge of the obstacles to spontaneous effective vocal expression and exercises to develop and strengthen the voice

Freeing The Natural Breath

Specific exercises aimed at freeing the natural breath

Assessment Breakdown

	%
Course Work	100.00%

Course Work

Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Reflective Journal	Documentation of and personal response to practical sessions	2,4	30.0	Every Week
Practical/Skills Evaluation	Lead a vocal warm-up	1,2,3	30.0	Week 10
Practical/Skills Evaluation	Continuous assessment of student participation and development	1,2,3	40.0	Every Week

No End of Module Formal Examination

Reassessment Requirement

Coursework Only

This module is reassessed solely on the basis of re-submitted coursework. There is no repeat written examination.

The institute reserves the right to alter the nature and timings of assessment



Module Workload

Workload: Full Time				
<i>Workload Type</i>	<i>Workload Description</i>	<i>Hours</i>	<i>Frequency</i>	<i>Average Weekly Learner Workload</i>
Lab	Twice weekly two hour studio session	4.0	Every Week	4.00
Independent & Directed Learning (Non-contact)	Study and practice of course work	3.0	Every Week	3.00
Total Hours				7.00
Total Weekly Learner Workload				7.00
Total Weekly Contact Hours				4.00

This module has no Part Time workload.

Module Resources

Recommended Book Resources

- Berry, C 1991, *Voice and the Actor*, Wiley London [ISBN: 0020415559]
- Linklater, K. 2006, *Freeing the Natural Voice*, Drama Publishers Hollywood, CA [ISBN: 0896762505]

Supplementary Book Resources

- Houseman, B. 2002, *Finding Your Voice*, Routledge London [ISBN: 1 854596594]
- McCallion, M. 1998, *The Voice Book*, Routledge London [ISBN: 0878300929]
- Mc Evenue, K 2001, *The Alexander Technique for Actors*, Methuen London [ISBN: 0413710106]
- David Carey & Rebecca Clark Carey 2008, *The Vocal Arts Workbook and Dvd*, Methuen Drama London [ISBN: 9780713688245]
- Wynn Kapit, Lawrence M. Elson 2002, *The anatomy coloring book*, Benjamin Cummings San Francisco [ISBN: 9780805350869]
- Andrea Olsen, Caryn McHose, 2004, *Bodystories*, University Press of New England;New Ed. [ISBN: 9781584653547]
- Linda Hartley 1995, *The Wisdom of the Body Moving*, North Atlantic Books U.S. [ISBN: 9781556431746]
- Thomas Hanna 1988, *Somatics*, Da Capo Life Long Cambridge, MA [ISBN: 9780738209579]
- Antonio Damasio 2000, *The feeling of what happens*, Vintage London [ISBN: 9780099288763]
- Thomas Hanna 1988, *Somatics*, Da Capo Life Long Cambridge, MA [ISBN: 9780738209579]
- by F. Matthias Alexander; with an introduction by Wilfred Barlow 2001, *The use of the self*, Orion London [ISBN: 9780752843919]
- Jane Boston (Editor), Rena Cook (Editor) 2009, *Breath in Action* [ISBN: 9781843109426]

This module does not have any article/paper resources

Other Resources

- Website: *Linklater Voice Training*
<http://www.kristinlinklater.com>

Module Delivered in

Programme Code	Programme	Semester	Delivery
CR_GTHDR_8	Bachelor of Arts (Honours) in Theatre and Drama Studies	1	Mandatory